

# Infant Breakfast/Snack Menu (over 1 year)



UB Child Care Center

Winter/Spring 2019-2020

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<b>Breakfast</b> Cereal: Cheerios Pears Whole Milk  <b>Snack</b> Assorted Crackers Hummus Water	<b>Breakfast</b> Raisin Bread Oranges Whole Milk  <b>Snack</b> Yogurt Canned Pears Water	<b>Breakfast</b> Whole Wheat English Muffins Bananas Whole Milk  <b>Snack</b> Cucumber Sticks Mozzarella Cheese Sticks Water	<b>Breakfast</b> Yogurt Cheerios (sprinkled in) Canned Peaches Whole Milk  <b>Snack</b> Graham Crackers Apples Water	<b>Breakfast</b> Whole Wheat Toast Oranges Whole Milk  <b>Snack</b> Whole Grain Goldfish Crackers Apples Water
II	<b>Breakfast</b> Cereal: Cheerios Oranges Whole Milk  <b>Snack</b> Graham Crackers Pears Water	<b>Breakfast</b> Plain Oatmeal Bananas Whole Milk  <b>Snack</b> Whole Wheat Pita Bread Hummus Water	<b>Breakfast</b> Yogurt Cheerios (sprinkled in) Frozen Strawberries Whole Milk  <b>Snack</b> Whole Grain Goldfish Crackers Apples Water	<b>Breakfast</b> Whole Wheat Bagels Apples Whole Milk  <b>Snack</b> Yogurt Bananas Water	<b>Breakfast</b> Whole Wheat Toast Hard-Boiled Eggs Pears Whole Milk  <b>Snack</b> Mozzarella Cheese Sticks Tomato Slices Water
III	<b>Breakfast</b> Cereal: Cheerios Bananas Whole Milk  <b>Snack</b> Cucumber Sticks Hummus Water	<b>Breakfast</b> Whole Wheat Toast Apples Whole Milk  <b>Snack</b> Yogurt Canned Pears Water	<b>Breakfast</b> Raisin Bread Pears Whole Milk  <b>Snack</b> Whole Wheat Pita Bread Sun-butter Water	<b>Breakfast</b> Cream of Wheat Oranges Whole Milk  <b>Snack</b> Graham Crackers Bananas Water	<b>Breakfast</b> Yogurt Cheerios (sprinkled in) Canned Peaches Whole Milk  <b>Snack</b> Whole Grain Goldfish Crackers Apples Water
IV	<b>Breakfast</b> Cereal: Cheerios Pears Whole Milk  <b>Snack</b> Yogurt Canned Peaches Water	<b>Breakfast</b> Whole Wheat English Muffins Bananas Whole Milk  <b>Snack</b> Mozzarella Cheese Sticks Tomato Slices Water	<b>Breakfast</b> Whole Wheat Toast Hard-Boiled Eggs Oranges Whole Milk  <b>Snack</b> Whole Grain Goldfish Crackers Bananas Water	<b>Breakfast</b> Yogurt Cheerios (sprinkled in) Canned Pears Whole Milk  <b>Snack</b> Sun-butter Apples Water	<b>Breakfast</b> Overnight Oats Apples Whole Milk  <b>Snack</b> Whole Wheat Pita Bread Hummus Water

**\*\*UBCCC is an Equal Opportunity Provider\*\***

**UBCCC infant rooms offer the following baby foods during your child's stay at the center:**

**Cereal:** Commercially prepared, iron fortified, dry baby cereal that is mixed with water (unless specified otherwise). We use oatmeal and rice varieties.

**Jar Food:** Commercially prepared jar baby foods. We offer carrots, peas, squash and sweet potatoes for the vegetable component. We offer applesauce, peaches, pears, and bananas for the fruit component.

**Snack Foods:** Cheerios, Saltine Crackers, Goldfish Crackers and Graham Crackers are some of the snack foods we offer the infants when they are developmentally ready to eat them.

**Formula:** UBCCC provides Gerber Good Start Iron Fortified Formula



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